IRYMPLE SOUTH PS NEWSLETTER

Friday 26th April, Week 2, Term 2, 2024

ANZAC CEREMONY

Our ANZAC Day ceremony was held on Wednesday morning. It was beautiful. Thanks to the Grade 6 students who conducted the ceremony. The School Captains and House Captains spoke beautifully and with the respect that the service required.

A posy of rosemary was placed near the wreath by Winnie Anderson and Luka Szeto. This year each student's fingerprint was used to create a year level poppy. These poppies were placed together to form the wreath.

The Grade 2 students sang 'Lest We Forget'. This song captures the emotion of the service beautifully.

At the end of the ceremony, students placed poppies next to the names on the ISPS Honour Board.

Thanks to Daryl Driscoll (Eamon Douglas' grandfather) who played the bagpipes during the ceremony and all community members who attended this morning.















Office: 50245345 <u>Postal Address:</u> P.O. Box 716, Irymple South 3498 <u>Email:</u> irymple.south.ps@education.vic.gov.au <u>Web:</u> www.irymplesouthps.vic.edu.au The department respectfully acknowledges the Traditional Owners of Country throughout Victoria and pays respect to the ongoing living cultures of First Peoples.



Professional Practice DAY

On Friday 7th June, staff will be involved in a Professional Practice Day. There will be **NO** school for students on this day. Please note that we have changed the date from previously advertised.

'TheirCare' will be available for bookings on this day.

School Council Meeting

The next meeting of the School Council will be held on Wednesday 8th May at 6:00pm in the Staff Room.

District Cross Country Event

The District Cross Country event will be held next Thursday 2nd May at the Aerodrome Ovals. A XUNO note has been sent for approval for this event. Good luck to all of the students who will be competing.

SUMMING PROGRAM

The Grade 6 students will be participating in their week long swimming program from Monday 6th May. Notes will go home soon on XUNO.



CROSS COUNTRY PRESENTATION

At Monday morning's assembly we presented the trophies and certificates to our Cross Country Champions. Congratulations to Orlando Costantino and Milla Madigan for being our school Cross Country champions.





Dewry are the 2024 House Cross Country winners and Allegra and Kai accepted the trophy on behalf of their house. Congratulations to everyone that competed in our annual event.



ANZAC Day Presentation

Thank you to Brad and Scott from the Mildura branch of the RSL for sharing their stories to the students in Grades 3 to 6. It was so insightful to hear first hand accounts of their experiences serving in our nation's defence force. Their presentation certainly has helped everyone appreciate the sacrifices that our servicemen and women have made.











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Leadership in Action

Grade 6 2024 Leadership Projects

TERM 1	FULL DAY	LUNCHTIME		
	Partner/Group Dress Up Day & Food Dump Thursday March 28th	A minute to win it Colouring Competitions		
TERM 2	Disco & Crazy Dress Day Friday May 31st	Ninja Warriors 3 on 3 Basketball Tournament		
		Minecraft Challenges		
TERM 3	Book / TV Character Day Friday August 23rd	Ninja Warriors 3 on 3 Basketball Tournament		
	Footy Colours Day Friday September 20th	Minecraft Challenges Future Lab Showcase August 16th - 20th		
TERM 4	Aussie Critters Day Friday November 8th	A minute to win it		
	ISPS's Got Talent Friday November 29th	Colouring Competitions		

Giordano, Orlando, Liano and Zaiden NINJA WARRIOR COURSE **Lunch Time Activity** Time Table Prep - Week 3 Grade 4 - Week 7 Grade 1 - Week 4 Grade 5 - Week 8 Grade 2 - Week 5 Grade 6 - Week 9 Grade 3 - Week 6 Every Thursday 1:30 - 2:00 Grade Prep - 3 on the Green Slide Playground Grade 4 - 6 on the Oval

THURSDAY 2ND OF MAY 6PM TO 8PM

Save the date and keep an eye on our Facebook & Instagram for further information

OPEN EVENINGS 2024

Sunraysia Secondary Colleges will be holding 'Open Evenings' during April/May. Families are invited to visit our schools to discuss teaching and learning programs, extra-curricular activities and facilities.



OPEN NIGHT TUESDAY 30 APRIL 6:00 - 8:00PM

STUDENTS OF THE WEEK

Prep T Julian Kourdis Prep C Alyssa Tan Prep D Zyla Pitt **1H** Diesel Kehl **1**S Billie Hamence 1**G** Mason Manna 2M Jagger Barnes 2W Mila Byron

2D

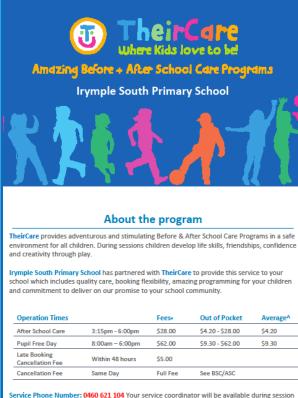
Fletcher Retallick **3H** Alivia McShane **3Z** Campbell Dowdy **4R** Ava Byrnes Rocky Cavallo **4G** Mario Delorenzo **5G** Grace Solomon **5B** Avery Fisher

6S Kai Gibson 6H Alessia Mammone Art Maddi Yuil Music Levi Englefield P.E. Lydia Sirgunas Food Technology Bodhi Marr Principal Alessia Mammone Aria Piscioneri

HAPPY BIRTHDAY

Noah Toala (22nd) Hunter McQualter (23rd) Charlie Millard (24th) Blake Yuill (24th) Sophia Kuchel (24th) Riley Ralph (25th) Jordan Callaway (28th) Abbey Ociepa (28th)





Service Phone Number: 0460 621 104 Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

How to Enrol

Visit TheirCare website: <u>www.theircare.com.au</u> and click on 'Book Now' in the top right hand corner to register your child's details.

'Standard fees excluding incursion / excursion costs Based on ABS published average family income for the suburb the school is loc

MORE THAN DO **PROGRAMS ARE NOW**

RUNNING AT YOUR School!!

JOIN YOUR LOCAL Head Coach & Coaches

Ben McGlynn 0419542987 vic59.footy@sportsstaracademy.com

PROGRAM DETAILS Before/ Lunchtime /After School Advance Skills training Open to all Boys & Girls

HOW TO BOOK Visit our website or scan QR code

DISCOVER OUR PROGRAMS SPORTSTARACADEMY.COM/FOOTY 1300 372 300

SAX MORE THAN GEORI

MANAGING SCREEN TIME

Screens are a wonderful tool to use with children, however they are becoming increasingly difficult to monitor and manage.

Here are a few great examples of questions you could ask yourself to see if the child's screen time under control?

- Do you have a plan to 'manage' screen time? Is it being followed?
- Does screen use interfere with what your family/classroom wants to do?
- O Does screen use interfere with sleep?
- Is the child easily transition between screen time and non-screen time? (ie will they get 'off' when directed?)

If after asking these questions you are wanting to put in place some strategies to manage screen time, below are some tips to get you started.

TIPS TO MANAGE SCREEN TIME

EXIT PLAN

Many kids with ASD get very engrossed with their screens making it very difficult for them to transition to nothing afterwards. Planning their next activity before starting screen time allows them to immediately move onto another activity.

A COLLABORATIVE MEDIA PLAN

Create a plan with the child which works for the adult and the child. Have agreed rules, routines, expectations (ie around swearing etc) and consequences. I highly recommend writing down the agreement and putting somewhere to refer back to.

SCREEN FREE TIMES**

Instilling allocated screen free times or activities such as meal-times or outings which everybody participates in.

TURN OFF WIFI

Many routers can now turn off the wifi after a certain time e.g. for bedtime.

LIMITING THE AMOUNT OF TIME

This could be done in a number of different ways
 A self-monitored visual timer

 Many apps can now be limited to a specific amount of time

Be aware that with some children it is incredibly distressing to stop mid-game, so perhaps, adjust limits accordingly. Instead of a certain time period, allow them to play the game a set number of times.

EXCHANGE SYSTEMS

- Allow screen time in exchange for other activities Screen time allocated following tidying-up/ school work etc.
- Amount of time allowed on screens is half the amount of time spent off the screens

**If the device is being used for communication the child needs access to it at all times.



larkey.com.au

1 HOUR BEFORE BED NO SCREEN TIME

Research has shown the blue light produced by screens disrupt the body's sleep hormone. It is recommended that children should not use a screen in the hour before bedtime. Here are some great activities that you can do in the hour before bed.



SUNRAYSIA DISTRICT TENNIS ASSOCIATION WINTER JUNIOR TENNIS JUNIOR TENNIS District Tennis Association i

The Sunraysia District Tennis Association is looking for junior tennis players for this year's winter tennis competition.

RUNNING ON SATURDAY MORNINGS (9AM - 11AM) FROM MAY TO SEPTEMBER Beginners through to A Grade

TENNIS IS A GREAT SPORT FOR KIDS!! Safe, great exercise, social. Play tennis now and you will have a sport for life!

Contact one of the Club Delegates listed below for further information or to register your child

Carole - Sacred Heart: Robyn – St Andrews: Brenda – Sarnia: Rob – Red Cliffs: Louise – Alcheringa: Cheryl – Wentworth: sacredheartjuniors@gmail.com robynherberte@gmail.com brendaghornsby@gmail.com robbie@mannafarms.com.au louiseswenolofsson@gmail.com cheryl.vines@bigpond.com

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		Mon	Tue	Wed	Thu	Fri	Sat	Sun
МАҮ	3	29	30	1	2 District Cross Country	3	4	5
	4	6 Grade 6 Swimming _	7	8 School Council Meeting	9	10	11	12 Mother's Day
	5	13 Grade 5 Swimming -	14	15	16	17	18	19
	6	20	21	22	23	24	25	26
	7	27	28	29	30	31	1	2
JUNE	8	3	4	5	6	7 Professional Practice Day	8	9
	9	10 King's Birthday Public Holiday	11	12	13	14	15	16
	10	17	18	19	20	21	22	23
	11	24	25	26	27	28 End of term 2:15pm dismissal	29	30

2024 Dates

<u>Term Dates</u>

Term 2Monday 15th April – Friday 28th JuneTerm 3Monday 15th July – Friday 20th SeptTerm 4Monday 7th Oct - Friday 20th Dec

<u>Public Holidays</u>

King's Birthday - Monday 10th June Grand Final Eve - Friday 27th September Cup Day - Tuesday 5th November

School Events

Professional Practice Day - Friday 7th June (Pupil Free Day)



FINANCIAL ASSISTANCE

CAMPS, SPORTS & BACUNSIONS THAN (S47) Diversion of the second sec

The annual CSEF amount per student is: \$150 for primary school students \$250 for secondary school students

IORE INFORMATION or more information about CSEF visit:



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